

Time for Reflection

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Preceptoring is a relationally intensive act for which strong interpersonal skills are required. Sometimes problems erupt in the preceptor-student relationship because of misunderstandings in interpersonal style. This reflection is for **preceptors**.

Here are some points to ponder:

How would I describe my personality?

When other people describe my personality, what adjectives do they use?

How would I describe my own communication style?

How do others perceive or respond to my communication style?

How do I commonly react to stress?

How do I like to learn? Am I kinaesthetic (hands-on), visual, auditory, do I prefer books to videos and practice to observation?

How do I make decisions?

When I work on a project with other people, what role do I typically take?

What activities do I enjoy doing at work?

How do my moods impact others?

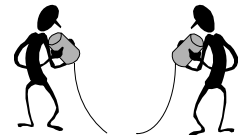
Is there anything I need to warn my student about?

How can I find common ground and build rapport with my student? Why is this important?

What is most important to me in the preceptor-student relationship?

What am I most afraid of?

What am I most excited about?



Sources: Baltimore, 2004; Myrick & Yonge, 2005.